

FREE ACCREDITED LEVEL 2 BRIEF INTERVENTION ALCOHOL TRAINING!

Simple, brief interventions - as short as 5 minutes - have been shown to be effective in reducing alcohol consumption by hazardous and harmful drinkers. This **FREE** course will look at simple ways of raising awareness of the effects of alcohol on health, home and work life, utilising Screening Tools. Delegates will also look at other interventions, such as Motivational Interviewing and the Cycle of Change and identify, where necessary, the most appropriate referral pathway.

This course is ideal for your own professional development, (CPD) and will also support the vision of NHS South of Tyne and Wear.

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NECA Training Ltd

The L2 Brief Intervention Alcohol Training is mapped to the following DANOS competencies:

HSC33, AD1, AH10, AB2, HSC35.1, HSC330.1, HSC233, AA1

The Brief Intervention Alcohol Training is aimed at all South of Tyne and Wear staff, working or volunteering within the Statutory and Community & Voluntary Sector.

Booking couldn't be simpler. Simply select a date, and either email us on bitraining@neca.co.uk or call us on 0191 414 6446.

In partnership with



NHS South of Tyne and Wear

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Course Overview

Who are we?

NECA Training Ltd has over 35 years experience of working within the substance misuse sector, and is recognised throughout the region as specialist within our area of expertise.

What is the aim of the course?

To raise awareness of alcohol and brief interventions which would help individuals in the community.

What are the learning outcomes?

By the end of the course, delegates will:

- ◆ Have a raised awareness of alcohol, units and healthy levels of consumption
- ◆ Understand the physical, psychological and pharmacological impact of alcohol use
- ◆ Be aware of what motivates people to drink sensibly and how this can improve lifestyles
- ◆ Understand the Cycle of Change and interventions which can be used in accordance with this
- ◆ Be aware of alcohol withdrawal and coping strategies
- ◆ Be aware of the variation of treatment options, local services and referral pathways

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Course Information

How much is the course and who is it relevant for?

FREE for all South of Tyne and Wear staff/ volunteers who have direct contact with members of the public, offering advice on a range of issues, including reducing alcohol intake. Delegates will be working/volunteering within the Statutory, Voluntary & Community Sector:

- ◆ **Local Authority**
 - Social Services
 - Education
 - Housing
 - Leisure

Police Force

- ◆ Officers
 - Community Support Officers
 - Civilian Counter Staff
 - Probation Service
 - Criminal Justice Settings staff

Community & Voluntary

- ◆ Welfare Rights
 - Support Groups
 - Residents Groups
 - Diverse Group Community leaders
 - Victim Support
 - Faith Groups
 - MESMAC
 - LGB
 - Parents Groups
 - Women's Refuge Staff

Other relevant frontline staff as required

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Course Information

How long is the course?

One day training course, followed by completion of modules via distance learning

Do I need to bring any materials?

Everything you need to complete this accredited training will be provided for you

What will the training be like?

Informal and informative. You will engage in a variety of activities, using group work and exercises

Is lunch provided?

No, only refreshments will be provided

What do I need to do to achieve the qualification?

You must complete pre-course documentation and bring you to the training course. You will attend the day's training, which will be followed by the completion of an additional assignment, which is sent to the tutor. Once all modules are assessed, confirmation of completion of the qualification will be sent to you

How do I apply?

Simply select a date and call or email us to reserve your place! We'll ask you to complete an application form, and on receipt, will send you all the relevant paperwork! *All cancellations must be received within 5 working days prior to the course, or an administration fee of £50 may be charged to you/your project.*

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