

SOUTH TYNE - RECOVERY CENTRE

Eligibility Criteria

The recovery centre will be accessible to:

- Clients aged 18 and over
- Resident of South Tyneside Area
- Alcohol and drug clients who are stable within their recovery
- Clients wishing to engage in meaningful activities centred on recovery capital

Location

The Recovery Centre is based at 21 Beach Road. We have a range of facilities within our centre which includes group rooms, IT suite, meeting room and a café for people in recovery to access.

Opening hours - the centre is open from Monday to Thursday 9a.m. - 4.30p.m. and 8.30a.m. to 4p.m. on Friday.

Referral Pathways

Individuals can Self-Refer by telephoning the service; alternatively there is a “walk in policy” during the opening hours. Referrals can also be made by treatment providers.

Definition of the Service

The centre will provide all substance users with hope of recovery and the skills and support to help them plan for this journey, by working in partnership with providers who deliver courses from within the recovery centre which promote:

- Housing services and pathways to independent living
- Education, training, employment providers and pathways to both recreational and vocational courses
- Links with current treatment providers
- Mutual aid support groups including NERAF and AA
- Activities that promote physical well being and mental well being